

Vanderbilt University



STUDY

PARENT BOOKLET VISIT 1



VANDERBILT UNIVERSITY

Instructions for Parents

Dear Parent,

Welcome to the Impact Study!

We are very excited to have your child and family participate in our research. Your involvement in this study will help us examine a parent-implemented intervention to improve social and communication skills in infants with older siblings diagnosed with autism spectrum disorder (ASD).

This questionnaire booklet is a very important aspect of our research, as it will provide us with insights into your child's development as well as information about your family. Since you know your child best, filling out these questionnaires will provide us with a much more accurate and specific picture of your child than we will be able to gather in our visits together.

It is important that these questions are completed by the child's primary caregiver.

Person completing booklet: Mother Father Other: _____

Please complete these forms about the child you are enrolling in the study. Sometimes, more than one question asks about the same behavior, or different parts of the booklet may ask similar questions. We are trying to learn the best way to ask about certain things (not trying to trick you). We apologize if this makes some parts of the booklet seem repetitive.

We would like you to answer the questions in this booklet by yourself before discussing your questions or answers with anyone else. We are interested in your experiences and beliefs about your child and family life.

Please bring this completed booklet to your first visit.

Please feel free to call me with any questions or concerns at 615.343.1725.

Thank you very much for your help!

Elizabeth Gardner

To be completed by researcher:

Date: _____ Child's ID: _____ Measurement Period: _____

Demographic Information

ImPACT Study

1. CHILD'S GENDER: _____

2. CHILD'S Date of Birth: _____

3. CHILD'S ETHNICITY: Hispanic or Latino

Not Hispanic or Latino

4. CHILD'S RACE: American Indian or Alaska Native

Asian

Black or African American

White

Native Hawaiian or Other Pacific Islander

5. Is your child spoken to in English the majority (more than half) of the time? Yes

No

6. Number of Other Children living in the Household: (Include biological and half-siblings) _____

7. Number of Other Children in the Household with a diagnosis of ASD: _____

Date of Birth of Sibling with ASD: _____

Date of Birth of Sibling with ASD: _____

8. Does your child have a genetic or neurologic condition ____ yes ____ no (please check one)

If yes, please list _____

NOTE: If the child lives with one parent please complete the blanks for the parent who lives with the child.

9. **PRIMARY CAREGIVER** (Circle one: Mother/Father/Other)

How many years of school have you completed? (Please circle one.)

Elementary through High School: 0 years 1 to 6 years 7 to 9 years 10 to 11 years 12 years or GED

College or Technical School: 1 to 2 years 3 to 4 years

Graduate or Professional School: 1 to 2 years 3 to 4 + years

What, if any, was your field of study in college or technical school? _____

10. **OTHER CAREGIVER** (Circle one: Mother/Father/ Other)

How many years of school has this caregiver completed? (Please circle one.)

Elementary through High School: 0 years 1 to 6 years 7 to 9 years 10 to 11 years 12 years or GED

College or Technical School: 1 to 2 years 3 to 4 years

Graduate or Professional School: 1 to 2 years 3 to 4 + years

What, if any, was your field of study in college or technical school? _____

MCHAT-R

ImPACT Study

Please answer all these questions about your child. Keep in mind how your child usually behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, then please answer **no**. Please circle **Yes** or **No** for every question. Thank you very much.

1. If you point at something across the room, does your child look at it? (For example, if you point at a toy or animal, does your child look at the toy or animal?)	Yes	No
2. Have you ever wondered if your child might be deaf?	Yes	No
3. Does your child play pretend or make-believe? (For example, pretend to drink from an empty cup, pretend to talk on a phone, or pretend to feed a doll or stuffed animal)	Yes	No
4. Does your child like climbing on things? (For example, furniture, playground equipment, or stairs)	Yes	No
5. Does your child make unusual finger movements near his or her eyes? (For example, does your child wiggle his or her fingers close to his or her eyes?)	Yes	No
6. Does your child point with one finger to ask for something or to get help? (For example, pointing to a snack or toy that is out of reach)	Yes	No
7. Does your child point with one finger to show you something interesting? (For example, pointing to an airplane in the sky or a big truck in the road)	Yes	No
8. Is your child interested in other children? (For example, does your child watch other children, smile at them, or go to them?)	Yes	No
9. Does your child show you things by bringing them to you or holding them up for you to see – not to get help, but just to share? (For example, showing you a flower, a stuffed animal, or a toy truck)	Yes	No
10. Does your child respond when you call his or her name? (For example, does he or she look up, talk or babble, or stop what he or she is doing when you call his or her name?)	Yes	No
11. When you smile at your child, does he or she smile back at you?	Yes	No
12. Does your child get upset by everyday noises? (For example, a vacuum cleaner or loud music)	Yes	No
13. Does your child walk?	Yes	No
14. Does your child look you in the eye when you are talking to him or her, playing with him or her, or dressing him or her?	Yes	No
15. Does your child try to copy what you do? (For example, wave bye-bye, clap, or make a funny noise when you do)	Yes	No
16. If you turn your head to look at something, does your child look around to see what you are looking at?	Yes	No
17. Does your child try to get you to watch him or her? (For example, does your child look to you for praise, or say “look” or “watch me”)	Yes	No
18. Does your child understand when you tell him or her to do something? (For example, if you don’t point, can your child understand “put the book on the chair” or “bring me the blanket”)	Yes	No
19. If something new happens, does your child look at your face to see how you feel about it? (For example, if her or she hears a strange or funny noise, or sees a new toy, will he or she look at your face?)	Yes	No
20. Does your child like movement activities? (For example, being swung or bounced on your knee)	Yes	No

MES

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****Please complete this form about the child enrolled in the study****

We are trying to get a general idea of how you usually feel in different situations with your child. We realize that no one is always effective or always ineffective. We all do better in some situations than in others.

1.	How good are you at understanding what your child wants or needs? For example, do you know when your child needs to be changed or wants to be fed?	1 I DO NOT UNDERSTAND MY CHILD	2 I UNDERSTAND MY CHILD SOME OF THE TIME	3 I UNDERSTAND MY CHILD MOST OF THE TIME	4 I UNDERSTAND MY CHILD ALL OF THE TIME	
2.	When your child is upset, fussy or crying, how good are you at soothing him or her?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
3.	How good are you at making your child understand what you want him/her to do? For example, if you want your child to eat dinner or play quietly, how good are you at making him or her do that?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
4.	How good are you at getting your child to pay attention to you? For example, when you want your child to look at you, how good are you at making him/her do it?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
5.	How good are you at getting your child to have fun with you? For example, how good are you at getting your child to smile and laugh with you?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
6.	How good are you at knowing what activities your child will enjoy? For example, how good are you at knowing what games and toys your child will like to play with?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
7.	How good are you at keeping your child occupied when you need to do housework? For example, how good are you at finding things for the child when you need to do the dishes?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
8.	How good do you feel you are at feeding, changing and bathing your child?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
9.	How good are you at getting your child to show off for visitors? For example, how good are you at making your child smile or laugh for people who visit?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD
10.	In general, how good a parent do you feel you are?		1 NOT GOOD AT ALL	2 NOT GOOD ENOUGH	3 GOOD ENOUGH	4 VERY GOOD

CESD-R
ImPACT Study

Below is a list of the ways you might have felt or behaved. Please check the boxes to tell me how often you have felt this way <u>in the past week</u> or so.		Last Week				Nearly every day for 2 weeks
		Not at all or Less than 1 day	1 - 2 days	3 - 4 days	5 - 7 days	
1.	My appetite was poor.	0	1	2	3	4
2.	I could not shake off the blues.	0	1	2	3	4
3.	I had trouble keeping my mind on what I was doing.	0	1	2	3	4
4.	I felt depressed.	0	1	2	3	4
5.	My sleep was restless.	0	1	2	3	4
6.	I felt sad.	0	1	2	3	4
7.	I could not get going.	0	1	2	3	4
8.	Nothing made me happy.	0	1	2	3	4
9.	I felt like a bad person.	0	1	2	3	4
10.	I lost interest in my usual activities.	0	1	2	3	4
11.	I slept much more than usual.	0	1	2	3	4
12.	I felt like I was moving too slowly.	0	1	2	3	4
13.	I felt fidgety.	0	1	2	3	4
14.	I wished I were dead.	0	1	2	3	4
15.	I wanted to hurt myself.	0	1	2	3	4
16.	I was tired all the time.	0	1	2	3	4
17.	I did not like myself.	0	1	2	3	4
18.	I lost a lot of weight without trying to.	0	1	2	3	4
19.	I had a lot of trouble getting to sleep.	0	1	2	3	4
20.	I could not focus on the important things.	0	1	2	3	4

MCDI Words and Gestures

ImPACT Study

D. Vocabulary Checklist

The following is a list of typical words in young children's vocabularies. Please indicate each word your child understands and says. If your child uses a different pronunciation of a word (for example, "raffe" for "giraffe" or "sketti" for "spaghetti"), mark the word anyway. Remember, this is a "catalogue" of words that are used by many different children. Don't worry if your child knows only a few right now.

1. Sound Effects and Animal Sounds (12)

	Understands and says		Understands and says		Understands and says		Understands and says
baa baa	<input type="radio"/>	grrr	<input type="radio"/>	ouch	<input type="radio"/>	vroom	<input type="radio"/>
choo choo	<input type="radio"/>	meow	<input type="radio"/>	quack quack	<input type="radio"/>	woof woof	<input type="radio"/>
cockadoodledoo	<input type="radio"/>	moo	<input type="radio"/>	uh oh	<input type="radio"/>	yum yum	<input type="radio"/>

2. Animal Names (Real or Toy) (36)

	Understands and says		Understands and says		Understands and says		Understands and says
animal	<input type="radio"/>	cow	<input type="radio"/>	goose	<input type="radio"/>	pig	<input type="radio"/>
bear	<input type="radio"/>	deer	<input type="radio"/>	horse	<input type="radio"/>	pony	<input type="radio"/>
bee	<input type="radio"/>	dog	<input type="radio"/>	kitty	<input type="radio"/>	puppy	<input type="radio"/>
bird	<input type="radio"/>	donkey	<input type="radio"/>	lamb	<input type="radio"/>	sheep	<input type="radio"/>
bug	<input type="radio"/>	duck	<input type="radio"/>	lion	<input type="radio"/>	squirrel	<input type="radio"/>
bunny	<input type="radio"/>	elephant	<input type="radio"/>	monkey	<input type="radio"/>	teddy bear	<input type="radio"/>
butterfly	<input type="radio"/>	fish	<input type="radio"/>	mouse	<input type="radio"/>	tiger	<input type="radio"/>
cat	<input type="radio"/>	frog	<input type="radio"/>	owl	<input type="radio"/>	turkey	<input type="radio"/>
chicken	<input type="radio"/>	giraffe	<input type="radio"/>	penguin	<input type="radio"/>	turtle	<input type="radio"/>

3. Vehicles (Real or Toy) (9)

	Understands and says		Understands and says		Understands and says
airplane	<input type="radio"/>	car	<input type="radio"/>	stroller	<input type="radio"/>
bicycle	<input type="radio"/>	firetruck	<input type="radio"/>	train	<input type="radio"/>
bus	<input type="radio"/>	motorcycle	<input type="radio"/>	truck	<input type="radio"/>

4. Toys (8)

	Understands and says		Understands and says		Understands and says		Understands and says
ball	<input type="radio"/>	block	<input type="radio"/>	bubbles	<input type="radio"/>	pen	<input type="radio"/>
balloon	<input type="radio"/>	book	<input type="radio"/>	doll	<input type="radio"/>	toy	<input type="radio"/>

5. Food and Drink (30)

	Understands and says		Understands and says		Understands and says		Understands and says
apple	<input type="radio"/>	cheerios	<input type="radio"/>	fish	<input type="radio"/>	peas	<input type="radio"/>
banana	<input type="radio"/>	cheese	<input type="radio"/>	food	<input type="radio"/>	pizza	<input type="radio"/>
bread	<input type="radio"/>	chicken	<input type="radio"/>	ice cream	<input type="radio"/>	raisin	<input type="radio"/>

	Understands and says		Understands and says		Understands and says		Understands and says
butter	<input type="radio"/>	coffee	<input type="radio"/>	juice	<input type="radio"/>	spaghetti	<input type="radio"/>
cake	<input type="radio"/>	cookie	<input type="radio"/>	meat	<input type="radio"/>	toast	<input type="radio"/>
candy	<input type="radio"/>	cracker	<input type="radio"/>	milk	<input type="radio"/>	water	<input type="radio"/>
carrots	<input type="radio"/>	drink	<input type="radio"/>	noodles	<input type="radio"/>		
cereal	<input type="radio"/>	egg	<input type="radio"/>	orange	<input type="radio"/>		

6. Clothing (19)

	Understands and says		Understands and says		Understands and says		Understands and says
beads	<input type="radio"/>	diaper	<input type="radio"/>	necklace	<input type="radio"/>	shorts	<input type="radio"/>
bib	<input type="radio"/>	dress	<input type="radio"/>	pajamas	<input type="radio"/>	sock	<input type="radio"/>
boots	<input type="radio"/>	hat	<input type="radio"/>	pants	<input type="radio"/>	sweater	<input type="radio"/>
button	<input type="radio"/>	jacket	<input type="radio"/>	shirt	<input type="radio"/>	zipper	<input type="radio"/>
coat	<input type="radio"/>	jeans	<input type="radio"/>	shoe	<input type="radio"/>		

7. Body Parts (20)

	Understands and says		Understands and says		Understands and says		Understands and says
arm	<input type="radio"/>	face	<input type="radio"/>	head	<input type="radio"/>	owie/boo boo	<input type="radio"/>
belly button	<input type="radio"/>	foot	<input type="radio"/>	knee	<input type="radio"/>	tooth	<input type="radio"/>
cheek	<input type="radio"/>	finger	<input type="radio"/>	leg	<input type="radio"/>	toe	<input type="radio"/>
ear	<input type="radio"/>	hair	<input type="radio"/>	mouth	<input type="radio"/>	tongue	<input type="radio"/>
eye	<input type="radio"/>	hand	<input type="radio"/>	nose	<input type="radio"/>	tummy	<input type="radio"/>

8. Furniture and Rooms (24)

	Understands and says		Understands and says		Understands and says		Understands and says
bathroom	<input type="radio"/>	crib	<input type="radio"/>	living room	<input type="radio"/>	sink	<input type="radio"/>
bathtub	<input type="radio"/>	door	<input type="radio"/>	oven	<input type="radio"/>	stairs	<input type="radio"/>
bed	<input type="radio"/>	drawer	<input type="radio"/>	play pen	<input type="radio"/>	stove	<input type="radio"/>
bedroom	<input type="radio"/>	garage	<input type="radio"/>	potty	<input type="radio"/>	table	<input type="radio"/>
chair	<input type="radio"/>	high chair	<input type="radio"/>	refrigerator	<input type="radio"/>	TV	<input type="radio"/>
couch	<input type="radio"/>	kitchen	<input type="radio"/>	rocking chair	<input type="radio"/>	window	<input type="radio"/>

9. Small Household Items (36)

	Understands and says		Understands and says		Understands and says		Understands and says
blanket	<input type="radio"/>	dish	<input type="radio"/>	money	<input type="radio"/>	scissors	<input type="radio"/>
bottle	<input type="radio"/>	fork	<input type="radio"/>	paper	<input type="radio"/>	soap	<input type="radio"/>
bowl	<input type="radio"/>	glass	<input type="radio"/>	penny	<input type="radio"/>	spoon	<input type="radio"/>
box	<input type="radio"/>	glasses	<input type="radio"/>	picture	<input type="radio"/>	telephone	<input type="radio"/>
broom	<input type="radio"/>	hammer	<input type="radio"/>	pillow	<input type="radio"/>	toothbrush	<input type="radio"/>
brush	<input type="radio"/>	keys	<input type="radio"/>	plant	<input type="radio"/>	towel	<input type="radio"/>
clock	<input type="radio"/>	lamp	<input type="radio"/>	plate	<input type="radio"/>	trash	<input type="radio"/>
comb	<input type="radio"/>	light	<input type="radio"/>	purse	<input type="radio"/>	vacuum	<input type="radio"/>

	Understands and says		Understands and says		Understands and says		Understands and says
cup	<input type="radio"/>	medicine	<input type="radio"/>	radio	<input type="radio"/>	watch	<input type="radio"/>

10. Outside Things and Places to Go (27)

	Understands and says		Understands and says		Understands and says		Understands and says
backyard	<input type="radio"/>	moon	<input type="radio"/>	school	<input type="radio"/>	sun	<input type="radio"/>
beach	<input type="radio"/>	outside	<input type="radio"/>	shovel	<input type="radio"/>	swing	<input type="radio"/>
church*	<input type="radio"/>	park	<input type="radio"/>	sky	<input type="radio"/>	tree	<input type="radio"/>
flower	<input type="radio"/>	party	<input type="radio"/>	slide	<input type="radio"/>	water	<input type="radio"/>
garden	<input type="radio"/>	pool	<input type="radio"/>	snow	<input type="radio"/>	work	<input type="radio"/>
home	<input type="radio"/>	rain	<input type="radio"/>	star	<input type="radio"/>	zoo	<input type="radio"/>
house	<input type="radio"/>	rock	<input type="radio"/>	store	<input type="radio"/>		

* or word used in your family

11. People (20)

	Understands and says		Understands and says		Understands and says		Understands and says
aunt	<input type="radio"/>	brother	<input type="radio"/>	grandpa*	<input type="radio"/>	people	<input type="radio"/>
baby	<input type="radio"/>	child	<input type="radio"/>	lady	<input type="radio"/>	person	<input type="radio"/>
babysitter	<input type="radio"/>	daddy*	<input type="radio"/>	man	<input type="radio"/>	sister	<input type="radio"/>
babysitter's name	<input type="radio"/>	girl	<input type="radio"/>	mommy*	<input type="radio"/>	teacher	<input type="radio"/>
boy	<input type="radio"/>	grandma*	<input type="radio"/>	child's own name	<input type="radio"/>	uncle	<input type="radio"/>

* or word used in your family

12. Games and Routines (19)

	Understands and says		Understands and says		Understands and says		Understands and says
bath	<input type="radio"/>	hello	<input type="radio"/>	no	<input type="radio"/>	thank you	<input type="radio"/>
breakfast	<input type="radio"/>	hi	<input type="radio"/>	patty cake	<input type="radio"/>	wait	<input type="radio"/>
bye or bye bye	<input type="radio"/>	lunch	<input type="radio"/>	peekaboo	<input type="radio"/>	wanna/want to	<input type="radio"/>
dinner	<input type="radio"/>	nap	<input type="radio"/>	please	<input type="radio"/>	yes	<input type="radio"/>
don't	<input type="radio"/>	night night	<input type="radio"/>	shh/shush/hush	<input type="radio"/>		

13. Action Words (55)

	Understands and says		Understands and says		Understands and says		Understands and says
bite	<input type="radio"/>	bump	<input type="radio"/>	dance	<input type="radio"/>	eat	<input type="radio"/>
blow	<input type="radio"/>	clean	<input type="radio"/>	draw	<input type="radio"/>	fall	<input type="radio"/>
break	<input type="radio"/>	close	<input type="radio"/>	drink	<input type="radio"/>	feed	<input type="radio"/>
bring	<input type="radio"/>	cry	<input type="radio"/>	drive	<input type="radio"/>	finish	<input type="radio"/>
get	<input type="radio"/>	look	<input type="radio"/>	say	<input type="radio"/>	take	<input type="radio"/>
give	<input type="radio"/>	love	<input type="radio"/>	see	<input type="radio"/>	throw	<input type="radio"/>
go	<input type="radio"/>	open	<input type="radio"/>	show	<input type="radio"/>	tickle	<input type="radio"/>
help	<input type="radio"/>	play	<input type="radio"/>	sing	<input type="radio"/>	touch	<input type="radio"/>
hit	<input type="radio"/>	pull	<input type="radio"/>	sleep	<input type="radio"/>	watch	<input type="radio"/>

	Understands and says		Understands and says		Understands and says		Understands and says
hug	<input type="radio"/>	push	<input type="radio"/>	smile	<input type="radio"/>	walk	<input type="radio"/>
hurry	<input type="radio"/>	put	<input type="radio"/>	splash	<input type="radio"/>	wash	<input type="radio"/>
jump	<input type="radio"/>	read	<input type="radio"/>	stop	<input type="radio"/>	wipe	<input type="radio"/>
kick	<input type="radio"/>	ride	<input type="radio"/>	swim	<input type="radio"/>	write	<input type="radio"/>
kiss	<input type="radio"/>	run	<input type="radio"/>	swing	<input type="radio"/>		

14. Words About Time (8)

	Understands and says		Understands and says		Understands and says		Understands and says
day	<input type="radio"/>	morning	<input type="radio"/>	now	<input type="radio"/>	tomorrow	<input type="radio"/>
later	<input type="radio"/>	night	<input type="radio"/>	today	<input type="radio"/>	tonight	<input type="radio"/>

15. Descriptive Words (37)

	Understands and says		Understands and says		Understands and says		Understands and says
all gone	<input type="radio"/>	dark	<input type="radio"/>	hot	<input type="radio"/>	sick	<input type="radio"/>
asleep	<input type="radio"/>	dirty	<input type="radio"/>	hungry	<input type="radio"/>	sleepy	<input type="radio"/>
bad	<input type="radio"/>	dry	<input type="radio"/>	hurt	<input type="radio"/>	soft	<input type="radio"/>
big	<input type="radio"/>	empty	<input type="radio"/>	little	<input type="radio"/>	thirsty	<input type="radio"/>
blue	<input type="radio"/>	fast	<input type="radio"/>	naughty	<input type="radio"/>	tired	<input type="radio"/>
broken	<input type="radio"/>	fine	<input type="radio"/>	nice	<input type="radio"/>	wet	<input type="radio"/>
careful	<input type="radio"/>	gentle	<input type="radio"/>	old	<input type="radio"/>	yucky	<input type="radio"/>
clean	<input type="radio"/>	good	<input type="radio"/>	pretty	<input type="radio"/>		
cold	<input type="radio"/>	happy	<input type="radio"/>	red	<input type="radio"/>		
cute	<input type="radio"/>	hard	<input type="radio"/>	scared	<input type="radio"/>		

16. Pronouns (11)

	Understands and says		Understands and says		Understands and says		Understands and says
his	<input type="radio"/>	it	<input type="radio"/>	my	<input type="radio"/>	you	<input type="radio"/>
her	<input type="radio"/>	me	<input type="radio"/>	that	<input type="radio"/>	your	<input type="radio"/>
I	<input type="radio"/>	mine	<input type="radio"/>	this	<input type="radio"/>		

17. Question Words (6)

	Understands and says		Understands and says		Understands and says
how	<input type="radio"/>	when	<input type="radio"/>	who	<input type="radio"/>
what	<input type="radio"/>	where	<input type="radio"/>	why	<input type="radio"/>

18. Prepositions and Locations (11)

	Understands and says		Understands and says		Understands and says		Understands and says
away	<input type="radio"/>	in	<input type="radio"/>	on	<input type="radio"/>	under	<input type="radio"/>
back	<input type="radio"/>	inside	<input type="radio"/>	out	<input type="radio"/>	up	<input type="radio"/>
down	<input type="radio"/>	off	<input type="radio"/>	there	<input type="radio"/>		

19. Quantifiers (8)

	Understands and says		Understands and says		Understands and says		Understands and says
all	<input type="radio"/>	more	<input type="radio"/>	not	<input type="radio"/>	same	<input type="radio"/>
another	<input type="radio"/>	none	<input type="radio"/>	other	<input type="radio"/>	some	<input type="radio"/>

PSI-Short Form
ImPACT Study

Instructions: This questionnaire contains 36 statements. Read each statement carefully. For each statement, please focus on the child who is enrolled in this study, and circle the response that best represents your opinion.

- Circle the SA if you strongly agree with the statement.
- Circle the A if you agree with the statement.
- Circle the NS if you are not sure.
- Circle the D if you disagree with the statement.
- Circle the SD if you strongly disagree with the statement.

For example, if you sometimes enjoy going to the movies, you would circle A in response to the following statement:

I enjoy going to the movies SA **A** NS D SD

While you may not find a response that exactly states your feelings, please circle the response that comes closest to describing how you feel. YOUR FIRST REACTION TO EACH QUESTION SHOULD BE YOUR ANSWER. Circle only one response for each statement, and respond to all statements.

SA = Strongly Agree	A = Agree	NS = Not Sure	D = Disagree	SD = Strongly Disagree
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		SA	A	NS	D	SD
1.	I often have the feeling that I cannot handle things very well.					
2.	I find myself giving up more of my life to meet my children's needs than I ever expected.					
3.	I feel trapped by my responsibilities as a parent.					
4.	Since having this child, I have been unable to do new and different things.					
5.	Since having a child, I feel that I am almost never able to do things that I like to do.					
6.	I am unhappy with the last purchase of clothing I made for myself.					
7.	There are quite a few things that bother me about my life.					
8.	Having a child has caused more problems than I expected in my relationship with my spouse/parenting partner.					
9.	I feel alone and without friends.					
10.	When I go to a party, I usually expect not to enjoy myself.					
11.	I am not as interested in people as I used to be.					
12.	I don't enjoy things as I used to.					
13.	My child rarely does things for me that make me feel good.					
14.	When I do things for my child, I get the feeling that my efforts are not appreciated very much.					
15.	My child smiles at me much less than I expected.					
16.	Sometimes I feel my child doesn't like me and doesn't want to be close to me.					
17.	My child is very emotional and gets upset easily.					
18.	My child doesn't seem to learn as quickly as most children.					
19.	My child doesn't seem to smile as much as most children.					
20.	My child is not able to do as much as I expected.					

21.	It takes a long time and it is very hard for my child to get used to new things.	SA	A	NS	D	SD
22.	I feel that I am: (Choose a response from the choices below.) 1. a very good parent. 2. a better-than-average parent. 3. an average parent. 4. a person who has some trouble being a parent. 5. not very good at being a parent.	1	2	3	4	5
23.	I expected to have closer and warmer feelings for my child than I do, and this bothers me.	SA	A	NS	D	SD
24.	Sometimes my child does things that bother me just to be mean.	SA	A	NS	D	SD
25.	My child seems to cry or fuss more often than most children.	SA	A	NS	D	SD
26.	My child generally wakes up in a bad mood.	SA	A	NS	D	SD
27.	I feel that my child is very moody and easily upset.	SA	A	NS	D	SD
28.	Compared to the average child, my child has a great deal of difficulty in getting used to changes in schedules or changes around the house.	SA	A	NS	D	SD
29.	My child reacts very strongly when something happens that my child doesn't like.	SA	A	NS	D	SD
30.	When playing, my child doesn't often giggle or laugh.	SA	A	NS	D	SD
31.	My child's sleeping or eating schedule was much harder to establish than I expected.	SA	A	NS	D	SD
32.	I have found that getting my child to do something or stop doing something is: (Choose a response from the choices below.) 1. much harder than I expected. 2. somewhat harder than I expected. 3. about as hard as I expected. 4. somewhat easier than I expected. 5. much easier than I expected.	1	2	3	4	5
33.	Think carefully and count the number of things which your child does that bothers you. For example, dawdles, refuses to listen, overactive, cries, interrupts, fights, whines, etc. (Choose a response from the choices below.) 1. 1-3 2. 4-5 3. 6-7 4. 8-9 5. 10+	1	2	3	4	5
34.	There are some things my child does that really bother me a lot.	SA	A	NS	D	SD
35.	My child's behavior is more of a problem than I expected.	SA	A	NS	D	SD
36.	My child makes more demands on me than most children.	SA	A	NS	D	SD

This is the end of our booklet for Visit 1.
We appreciate your taking the time to answer so many questions.

For questions about these questionnaires please call Elizabeth Gardner at 615.343.1725

Thank you for all of your help!